

Guidelines for In-Person Instruction at Pre-K to Grade 12 Schools



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During the COVID-19 public health emergency, district superintendents (for school districts and BOCES) and heads of school (for private and charter schools) are accountable for staying current with any updates to local, state, and federal requirements related to Pre-K to Grade 12 education and activities, and incorporating those changes into their operations.

Mandatory Recommended Best Practices Ensure that social distancing (of at least 6 ft. or a Face coverings are strongly recommended at all times, **Social Distancing** physical barrier) is maintained between individuals except for meals and classroom instruction with social and Face Coverings while in school facilities and on school grounds, distancing. Consider requiring face coverings even during including in the cafeteria, unless safety or the core instruction, especially in areas with higher community activity (e.g. moving equipment, using an elevator, infection rates. traveling in common areas) requires a shorter distance or individuals are of the same household. Develop plans for face covering breaks for students when they can socially distance, particularly if the reopening If social distancing is not possible, individuals must wear plan requires face covering usage at all time. acceptable face coverings; excluding students who are unable to medically tolerate a face covering. Consider assistance to students who may have difficulty in adapting to wearing a face covering. Be prepared to don a face covering if another person unexpectedly cannot socially distance; for this reason, Faculty may use alternate PPE (i.e. face coverings that are individuals - including students - must wear face transparent at or around the mouth) for instruction that coverings in common areas, such as entrances/exits, requires visualization of the movement of the lips and/or lobbies, and when traveling around the school. mouths (e.g. speech therapy). These coverings may also be used for certain students (e.g. hearing impaired) who Acceptable face coverings for COVID-19 include but are benefit from seeing more of the face of faculty/staff. not limited to cloth-based face coverings and surgical masks that cover both the mouth and nose. Consider staggered arrival and pick-up times to facilitate proper social distancing, and assign lockers by cohort or Provide acceptable face coverings to faculty and staff eliminate their use. who directly interact with students or members of the Modify or reconfigure spaces and/or restrict the use of public while at work at no cost to faculty/staff; and provide face coverings to any student who does not classrooms and other places where students, faculty, and have their own, at no cost to the student. staff congregate, so that individuals are at least 6 ft. apart in all directions (e.g. side-to-side and when facing one Train all students, faculty, and staff on how to another), or separated by physical barriers, and are not adequately put on, take, off clean (as applicable), and sharing workstations without cleaning and disinfection discard PPE. between use. Students must wear a face covering to ride the school Ensure a distance of 12 ft. between individuals while bus and wear it while entering, exiting, and seated. participating in activities that require projecting the voice (e.g. singing), playing a wind instrument, or participating Ensure social distancing while eating in the school in aerobic activity (e.g. gym classes). cafeteria; if not possible, serve meals in alternate areas or staggered meal periods. On school buses, maintain social distancing unless members of the same household. Prohibit sharing of food and beverages (e.g. buffet style meals, snacks), unless individuals are members of the same household.

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	Mandatory	Re	ecommended Best Practices
Gatherings and Operational Activity		~	Consider measures that can be implemented to decrease density and congregation in school facilities and on school grounds, when possible, such as: • Finding alternative spaces in the community to allow for more in-person instruction; • Adjusting class or work hours, where appropriate; • Limiting in-person presence to only those staff who are necessary to be at school during school hours; • Maintaining or increasing remote workforce to accommodate social distancing guidelines; • Staggering schedules and allowing more time between classes to reduce congestion; and/or • Shifting design of class schedules.
		~	Place students in pre-assigned, self-contained cohorts with reasonable group size limits set forth in the school's plan, to the extent practicable to limit potential exposure, particularly for younger students. Prevent intermingling across cohorts, to the extent possible (e.g. 10 ft. of distance or physical barrier). Ensure cohorts contain the same students for the duration of the COVID-19 public health emergency. Faculty may instruct more than one cohort so long as appropriate social distancing is maintained.
		~	Reduce bi-directional foot traffic using tape or signs with arrows, and post signage/distance markers denoting 6 ft. of distance in commonly used areas and areas where lines are formed or people congregate (e.g. outdoor spaces, class rooms, cafeterias, health screening stations).
		~	Determine which facilities (e.g. libraries) will be closed to the public (i.e. not students, faculty, or staff), or offer limited, specific hours to members of the general public.
		~	Establish designated areas for student drop-off and pick- up, limiting contact and entry of parents/legal guardians into the building, to the greatest extent possible.
		~	Limit the sharing of objects, such as laptops, notebooks, touchscreens, writing utensils, chalk and dry erase boards, musical instruments, tools, and toys, as well as the touching of shared surfaces, such as conference tables.

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Mandatory Recommended Best Practices Adhere to hygiene, cleaning, and disinfection Place hand sanitizer in convenient locations (e.g. building, Hygiene, Cleaning, requirements from the Centers for Disease Control and classroom, and cafeteria entrances/exits), and install and Disinfection Prevention (CDC) and Department of Health (DOH) and touch-free dispensers where possible. maintain logs that include the date, time, and scope of Place receptacles around the school for disposal of soiled cleaning and disinfection. Identify cleaning and disinfection frequency for each facility type and assign items, including PPE. responsibility. Ensure that cleaning and disinfection are the primary Train all students, faculty, and staff on proper hand and responsibility of the school's custodial staff, but provide respiratory hygiene. appropriate cleaning and disinfection supplies to faculty and staff: Provide and maintain hand hygiene stations, including Provide disposable wipes so that commonly used handwashing with soap, running warm water, and surfaces (e.g. keyboards, desks, remote controls) can disposable paper towels, as well as an alcohol-based be wiped down before/after use. hand sanitizer containing 60% or more alcohol for areas Install touch-free amenities, or make hand sanitizer where handwashing is not feasible. available near high-touch surfaces (trash receptacles, paper towel dispensers). Conduct regular cleaning and disinfection of facilities Close water drinking fountains (unless configured as and more frequent cleaning and disinfection for highbottle refilling stations) and encourage individuals to risk areas used by many individuals and for frequently bring their own water bottles or use disposable cups. touched surfaces, including desks and cafeteria tables. Refer to Department of Environmental Conservation Best practices to implement in shared (communal) (DEC) products identified by the Environmental bathrooms include but are not limited to: Protection Agency (EPA) as effective against COVID-19. Install physical barriers between toilets and sinks if 6 ft. of separation isn't feasible. Ensure regular cleaning and disinfection of restrooms Use paper towel dispensers in lieu of air dryers. and that distancing rules are adhered to. Clean and disinfect high touch surfaces between each Provide for the cleaning and disinfection of exposed individual's use, if shared. If cohorts are used, clean and areas in the event an individual is confirmed to have disinfection can take place between each cohort's use. COVID-19, with such cleaning and disinfection to include, at a minimum, all heavy transit areas and hightouch surfaces. Refer to CDC guidelines.



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	Mandatory	Recommended Best Practices
Communication	 Affirm you have reviewed and understand the State-issued guidance and submit reopening plans prior to reopening. The State will decide on reopening dates f Pre-K through Grade 12 schools in early August 2020. Conspicuously post completed reopening plans at the school and on the school website for faculty, staff, students, and parents/legal guardians to access. Engage with school stakeholders and community members when developing reopening plans. Develop a communications plan for students, parents legal guardians, staff, and visitors. Encourage all students, faculty, staff and visitors to adhere to CDC/DOH guidance regarding the use of PPI specifically face coverings, when distance of 6 ft. can' be maintained, through verbal communication and signage. 	responsible for answering questions from students, faculty, staff, and parents/legal guardians regarding the COVID-19 public health emergency and plans implemented by the school. • If possible, coordinators should also work closely wit local health departments and other schools to monitor public health conditions and jointly develop monitoring strategies.
	Train all students, faculty, and staff how to follow new COVID-19 protocols safely and correctly, including but not limited to hand hygiene, proper face covering wearing, social distancing, and respiratory hygiene.	
Screening and Tracking	Implement mandatory health screenings, including temperature checks, of students, faculty, staff, and, where applicable, contractors, vendors, and visitors.	Conduct screening remotely (e.g. by electronic survey, digital application, or telephone, which may involve the parent/legal guardian), before the individual reports to school, to the extent possible.
	 Conduct temperature checks for all individuals every day – ideally, at home, prior to departing to school – before entering any school facility. Ensure that personnel performing in-person screening activities are appropriately protected from exposure. 	Refer to CDC guidance on "Symptoms of Coronavirus" fo the most up to date information on symptoms associated with COVID-19. Note that the manifestation of COVID-19 in children, although similar, is not always the same as that for adults. Children may be less likely to present with fever as an initial symptom, and may only have gastrointestinal tract symptoms, which should be taken into consideration during the screening process

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Screening and Tracking (cont'd)

Use a daily screening questionnaire for faculty and staff reporting to school; and periodically use a questionnaire for students, particularly younger students, who may require the assistance of their parent/legal guardian to answer. The questionnaire should determine whether the individual has:

- Knowingly been in close or proximate contact in the past 14 days with anyone who has tested positive through a diagnostic test for COVID-19 or who has or had symptoms of COVID-19;
- Tested positive through a diagnostic test for COVID-19 in the past 14 days;
- c) Has experienced any symptoms of COVID-19, including a temperature of greater than 100.0°F, in the past 14 days; and/or
- d) Has traveled internationally or from a state with widespread community transmission of COVID-19 per the <u>New York State Travel</u> <u>Advisory</u> in the past 14 days.

Any individual who screens positive for COVID-19 exposure or symptoms, or who presents with a temperature greater than 100.0°F, must not be allowed to enter the school if screened outside, and must be immediately sent home with instructions to contact their health care provider for assessment and testing.

- Students sent home because of a positive screen must be immediately separated from other students and supervised until picked up.
- Immediately notify the state and local health department about the case if diagnostic test results are positive for COVID-19.

Develop protocols for caring for a student, faculty, or staff member who develops COVID-19 symptoms during the school day, including:

 Identifying a dedicated area to separate students, faculty, or staff with symptoms of COVID-19 from others until they can go home or to a health care facility, depending on severity of illness;

Recommended Best Practices

Remind parents/guardians that students may not attend school if they have had a temperature of greater than 100.0°F at any time in the past 14 days, even if a fever-reducing medication was administered and the student no longer has a fever.

Implement health screening practices for unscheduled visitors (e.g. members of the public allowed to use school grounds).

If feasible, offer optional contact tracing and tracking technology (e.g. mobile applications) to streamline contact tracing/communication processes.

Partner with local health departments to train older students, faculty, and staff to undertake contract tracing efforts for populations in school facilities and on school grounds, where feasible.

Refer to DOH's "Interim Guidance for Public and Private Employees Returning to Work Following COVID-19 Infection or Exposure" regarding protocols for faculty and staff seeking to return to work or class after a suspected or confirmed case of COVID-19 or after they've had close/proximate contact with a person with COVID-19.

When COVID-19 cases are discovered at school, consider restricting social contact and mobility within school facilities/grounds, particularly in affected areas to avoid full school closures.

Identify clearly defined measures that will serve as warning signs that the level of COVID-19 transmission may be increasing in the school setting beyond an acceptable level, as defined by state and local health departments.

Modify operations prior to instituting school-wide closures to help mitigate a rise in cases.

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Screening and Tracking (cont'd)

- Plans to ensure that symptomatic students waiting to be picked up remain under the visual supervision of a staff member who is physically distanced;
- PPE requirements for school health office staff caring for sick individuals, which must include both standard and transmission-based precautions; and
- · Required guidelines for cleaning and disinfection.
- Develop protocols for asthma-related acute respiratory treatment care using up to date standard of care.
 - In case of a positive test, develop plans with local health departments to trace all contacts of the individual, in accordance with the New York State Contact Tracing Program. Confidentiality must be maintained as required by federal/state law/regulations.
- Ensure that reporting plans are in place for individuals who are alerted that they have come into close or proximate contact with a person with COVID-19.
- Include a process in reopening plans for if/when COVID-19 cases are discovered, including closing areas/classes where individuals were infected, or the entire school in consultation with the local health department.
 - Establish policies, in consultation with the local health department(s), about the requirements for determining when individuals, particularly students, who screened positive for COVID-19 symptoms can return to the inperson learning environment. This returning to learning protocol must include at minimum documentation from a health care provider evaluation, negative COVID-19 testing, and symptom resolution, or if COVID-19 positive, release from isolation.

Recommended Best Practices

Remain aware that quarantine of students, faculty, or staff may be required after international travel or travel within certain states with widespread community transmission of COVID-19.

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